## ABSTRACT

Title of the Research: A Phenomenological Study of Exemplary

Teachers'Challenges and Survival

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School Year: 2018-2019

Challenges in life are commonly experienced by all people. This study aimed to know the challenges and experiences that they encounter and what are their inspiration and motivation on how they overcome those challenges and achieve their dream.

This phenomenological study was conducted to describe the experiences of the teachers who suffer with different challenges while they are studying. Also to inspire other students on how these teachers survive and finish their studies despite the status of their life. The main sources of data were from the interviews and focused group discussion participated by the selected teachers' of Gen.E.Aguinaldo National High School. Moustakas method was done to analyze and describe the result of the study.

The three insights emerged from the co-researchers experiences are: The Storms of their Life about the struggles and challenges that they encounter, The Sunlight Behind the Darkness is their motivation on how they cope up all the challenges and lastly The Rainbow after the Phenomena is their success and on how they achive their dream.